

SLOTAB NEWSLETTER

SLO High Tiger Athletic Boosters



Athlete Spotlight

Violet Emerson, Varsity Softball

What is your favorite part about being on the SLOHS Soccer Team?

My favorite part about being on SLOHS Softball would probably have to be the team dynamics. My teammates get along and the coaching style is very beneficial to everyone, of all skill levels, on the team.

What are you looking forward to this season?

This season, I am looking forward to being able to have a competitive game with another team and to have a final season with teammates I have been playing with for the past 4 years.

What is the team's biggest challenge this season?

One of the biggest challenges that our team faces is the mental game. A lot of the time we will get in our heads and play timid which causes a lot of errors to happen.

What is your favorite memory associated with your team?

Besides the many trips to chick-fil-a and van rides as a team, one of my favorite memories from playing softball at SLOHS probably has to be when we Mercied Santa Maria High. We were able to see that we are a strong competitor in our league this year.

Join in on SLOTAB's monthly meeting

Want to get more involved in athletics at SLO High? Join us via zoom
on March 21st at 6 pm

<https://zoom.us/j/92083683576?pwd=RU1Xa3ptQzN0cEdJRzBmMkdFTDVtdz09>

Athlete Spotlight

Edward Chaing, Varsity Swimming

What is your favorite part about being on the SLOHS Swim Team?

My favorite part about being on the SLOHS Swim Team is the bond we have. As a team we come together not only to compete, but we also come together as a family.

What are you looking forward to this season?

I am looking forward to League Finals as I truly believe we can do something special this year.

What is the team's biggest challenge this season?

The team's biggest challenge this year is ourselves. I'm sure there are many other obstacles out there that are in our way, but we have to get past the first hurdle in our minds first.

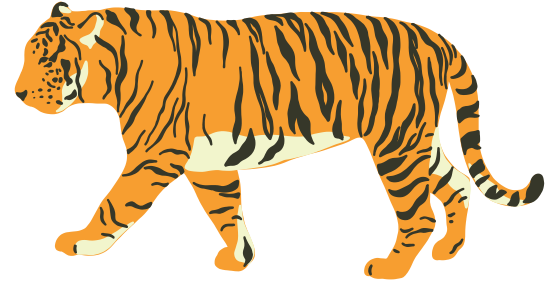
What is your favorite memory associated with wrestling at SLOHS?

My favorite memory associated with swimming at SLOHS is going to CIF Invationals.



SLOTAB Needs You!

SLOTAB is actively looking to fill several Board positions for the 2022-2023 school year. Do you want to get more involved with athletics at SLOHS and meet more like minded people? If so, please check out the below positions and see if any of them look like something you could lend a hand with. If so, please reach out to Mike Robinson, mike@mzrfitness.com



Open Board Positions

President

Set vision, oversee development, and provide leadership for SLO TAB

Business Sponsorships

Help solicit businesses for sponsorship

Concessions

Shop for food and help recruit volunteers to sign up for concessions

Apparel

Organize the purchase & selling of merchandise at various sporting events and school functions

Open Committee Positions

Communications

Create a monthly newsletter in conjunction with SLO High student ASB Athletic liaison.

Website Maintenance (Wordpress)

Update website as needed

Coach Spotlight

Coach Basch, Track & Field Coach

What is your favorite part about coaching SLOHS Track?

I love teaching new athletes about the sport. It's also fun to see athletes have that 'breakthrough performance' where they put all the pieces of their training together on the right day.

What has been a highlight of the season?

The season is just getting underway, but our relay teams started off very strong at Paso Robles last weekend, including some all-time best marks being set. The younger athletes got their first taste of 'bringing home some hardware.'

What are you looking forward to this season?

The league championship meet is always a highlight. We are usually battling it out with Arroyo Grande for local track and field supremacy.

Do you have a favorite memory from past years?

The time when the boys team won their third straight league title and got to yell, "Run Fast, GO SLO, Three peat!" was pretty special. Watching Callum win the state title in the 3200 meters to cap off his career was incredible as well. Of course there are tons of other small moments. We have a smart, athletic, motivated group of student-athletes out every year.

Have you joined SLOTAB yet?

Help support Tiger Athletics by becoming a member of SLOTAB. Your donation helps ensure that ALL Tiger Sports programs needs are met. General Memberships supply coaches with equipment, travel expenses, tournament fees and much more! Become a SLOTAB General Member today! Visit our website at www.slotab.org or click [here](#) to donate.



2021-2022 Donors

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Stalwork Inc.

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