

# SLOTAB NEWSLETTER

## SLO High Tiger Athletic Boosters



## Athlete Spotlight

### Riley Wilkerson- Varsity Soccer

#### **What is your favorite part about being on the SLOHS Soccer Team?**

The bond between the girls on my team and the overall reputation of the program. The SLOHS girls soccer team is very successful and it's cool to be a part of something that brings pride to our school.

#### **What are you looking forward to this season?**

We have a new head coach, and I am excited to see how he grows into the program, and how the new players contribute. Hopefully we bring home the seventh consecutive league title.

#### **What is the team's biggest challenge this season?**

Having a new coach and adjusting to his new playing style. A lot of varsity players graduated last year and we have to build upon the team a lot.

#### **What is your favorite memory associated with playing soccer at SLOHS?**

When I was a freshman our team won the school's very first D1 title.

# Booster Bash is Back!!!



**Tiger Athletics Booster Bash  
will be held on Saturday, April  
30th! Details coming soon.**

**We need help! This is a great  
way to get involved with  
SLOTAB. If interested, please e-  
mail Heidi Gill,  
[Heidi@jhgillcompany.com](mailto:Heidi@jhgillcompany.com) or**

# Athlete Spotlight

## **Luke Holland, Varsity Cross Country**

**What is your favorite part about being on the  
SLOHS Cross Country Team?**

My favorite part about being on the SLOHS Cross Country Team is the culture and traditions. We have Fresh Fridays, pre race ceremonies, and more; and they all contribute to our team's chemistry.

**Can you give a recap of this legendary  
season?**

Having not won a CIF section title in all four years I've ran here it's a big deal that even with our losses we were able to come back and win a state title. All the boys put in a lot of work for Lewis and I, as they knew it would be our last high school race. Everyone just did an amazing job and our season was possibly the greatest in SLOHS's history.

**What was the team's biggest challenge this year?**

Closing in on the CIF sections race and state we had a lot of minor injuries and sickness. Some workouts would be cut short by a rep, but we were able to pull everything together in the meets.

**What is your favorite memory associated with running for SLOHS?**

My favorite memory on the team was freshman year when we ran through the architecture graveyard while it was raining. The ground was super muddy and Justin, one of my teammates, had the brilliant idea of jumping directly into a huge pile of mud. To no surprise he fell through, and into the deep mud; we spent ten minutes trying to dig his shoes out. It was a team bonding mixed with humor, and I felt the influence of the seniors who guided me in my early years on the XC team.





# Fall Sports Recap

We are so incredibly proud of the accomplishments of all of our Fall Sport Athletes. We would also like to acknowledge Ms. Beddall. She is truly the proverbial glue that holds it all together. Not only does Ms. Beddall run everything behind the scenes for our athletes, but she is also their biggest cheerleader on the court, pool deck, field, and pitch. We're convinced that she doesn't sleep, as we've seen her at events at 6 am helping set up and locking up gates after the last spectator leaves at night. Ms. Beddall is the epitome of Hustle-Grit-Never Quit. Ms. Beddall put together [this amazing recap](#) of Fall athletics. I encourage you to take a look to see what our fall athletes accomplished this season. Click on the graphic below to take a look.



We'd love to have you join us at our next SLOTAB Meeting on  
Monday, January 17th at 6:00 PM

# Coach Spotlight

## Coach Monroe, Girls Basketball Coach

### What is your favorite part about coaching SLOHS basketball?

I enjoy sharing my knowledge and passion for the sport but also teaching my players life skills/lessons through athletics that will hopefully help them achieve their goals and success after high school and for the rest of their lives.

### What has been a highlight of the season?

This would be a great question for later on down the road. Because we have only been practicing for a couple of weeks and played just one game it is hard to pinpoint a highlight this early in the season. But if I had to answer this now, I would just say the fact that we are all back together and fingers crossed there will continue to be some type of normality to our season as we move forward.

### How will COVID impact the basketball season?

So far (fingers crossed) COVID has not affected us greatly. We still have to wear masks when we practice and play. We take buses to games instead of vans to help maintain social distancing but hopefully we will still be able to travel to our Christmas tournaments in Santa Barbara and Mt. View over the break.

## Have you joined SLOTAB yet?

Help support Tiger Athletics by becoming a member of SLOTAB. Your donation helps ensure that ALL Tiger Sports programs needs are met. General Memberships supply coaches with equipment, travel expenses, tournament fees and much more! Become a SLOTAB General Member today!

Visit our website at [www.slotab.org](http://www.slotab.org) or click [here](#) to donate.

### What are you looking forward to this season?

What I look forward to the most is continuing to watch these young ladies learn, grow and get better each game while maintaining the close knit family culture that we have strived to develop within our program.

### Do you have a favorite memory from past years?

Wow. That is a great question. There are so many to choose from. While there have been some unforgettable moments on the court, I think the memories that stick out for me the most are the life changing events I am able to be a part of/share with my former players; such as weddings, college graduation parties, milestone birthdays, meeting their children etc. Those memories are far more gratifying than any win on the basketball court.

# 2021-2022 Donors

## **Tiger Pride (\$2,500)**

Bryan & Tessa Krill

Stalwork Inc.

## **Champion (\$1,000)**

Allison Drazswenzak- Evergreen Animal Clinic

Lee Engelmeier

Jen Melton

Jackie Warden- Central Coast Door and Window

## **Coach (\$500)**

Jamie Crosno

Elizabeth Moody

Moondoggies-Randy & Nicole Adler

Catherine Riedstra

## **Varsity (\$250)**

Kiwi Ashby

William Cotnam

Sarah Johnson

Shae Luchetta

Eric & Susan McSwain

Joel Orozco

Eric Pinckert

Erika Schuetze

Vanessa Solis

Nicole Speaker

Magnolia Stork

Melissa White

Marissa & Ned Yusumoto

## **Cub (\$100)**

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